



OTAGO

# SENIOR LONG COURSE CHAMPIONSHIPS

9-11 DECEMBER 2022  
MOANA POOL, DUNEDIN

## MEET INFORMATION

The Otago Senior Long Course Championships is open to all registered and international athletes who meet the clearance conditions. All participants must be 13 years or older as of December 31, 2022 and have met the competition criteria.

Upon entering these Championships, all participants have agreed to

- comply with the Sports Anti-Doping Rules
- allow photographs, video, multimedia, or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Otago or others that Swimming Otago has approved
- comply with any COVID-19 restrictions and protocols in place at the time of these Championships

Swimming Otago reserves the right to restrict entries to ensure the timeline is adhered to. And Swimming Otago will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in Swimming New Zealand approval criteria. Also, the pool deck is only for accredited personnel and event volunteers; all other persons are to be seated in the Grandstand.

Pool Access is via the front entrance. Spectators are not permitted on the pool deck and are asked to use the designated seating in the Grandstand.

This document may be amended. Check our event page on the Swimming Otago website to ensure you have the correct version.

### Contact information

Mobile: 027 919 4319



## HEALTH AND SAFETY

### **Pool Deck**

Only essential personnel (Technical Officials and Timekeepers) are allowed during the competition on the pool deck. Coaches are to always remain in their designated area.

### **General**

Be careful in the Grandstand, as it can get very slippery. To minimise the risk of injury, all athletes MUST dry off before using the corridors behind the stands. Athletes are NOT allowed in the reception area with togs on; athletes must be dressed, including shoes. Stairwells, fire exits, and clearways are always to remain clear. No seating is permitted on the bottom row of seats in the Grandstand as this is a clearway.

### **Evacuation Procedure**

If the pool requires evacuation, you will be guided by Moana Pool staff, remain calm and follow their follow instructions.

## TECHNICAL OFFICIALS AND VOLUNTEERS

Swimming Otago will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in the Swimming NZ approval criteria.

### **Notice of Availability**

The duty Form is accessible via our event page or by clicking [here](#). All positions are to be filled no later than the closing date of entries.

### **Meeting**

Officials meeting will be held 15 minutes before the commencement of each session, behind the Recorder's office.

### **General Information**

Bring your water bottle and wear a dark colour top or regional shirt (if available).

### Eligibility Criteria

This championship is open to all registered and international athletes who meet the clearance conditions and the competition criteria.

### **International Clearance Conditions**

International athletes and teams must supply a letter of clearance from their National Swimming Federation. Clearances must be submitted to Swimming Otago before the entry closing date.

### **Athletes Age**

Age as of December 31, 2022.

- Athletes are not permitted to 'swim up' an age.
- The age groups at these Championships are 13 years, 14 years, 15 years, and 16 years & over.
- The age grouping for Para athletes is 13 years & over, mixed gender, multi-class.

### Qualification Criteria

The qualifying period is from January 1, 2021, to December 4, 2022.

- All athletes shall only enter qualified events.

- The qualifying times are 50m long course times; converted times are permitted.
- Individual entry times are to be generated by the Swimming NZ Database from designated or development competitions.

Para athletes are not required to meet the qualifying times BUT must have a valid entry time (NT will not be accepted).

## Entries

All entries must be completed online via Fast Lane or the Swimming NZ Database. International swimmers/teams are to contact Swimming Otago.

- **Individual entries close at 11:59pm on Monday, December 5.**
- **Relay entries close at 11:59pm on Tuesday, December 6.**
- Late entries will not be accepted.

Individual entries per event	\$11.00
Athlete Surcharge Fee	\$6.00
Relay entries per team	\$16.00

Swimming Otago will invoice clubs that have not paid the required entry fees once the final psych sheets are published.

- There are **no Refunds** for any withdrawals once entries close.
- Medical withdrawals may be considered when a signed medical certificate is provided before the commencement of the competition.

## Para Athletes

Athletes who hold a Para Classification are eligible to participate in these championships (under IPC Rules) and will be seeded amongst able-bodied athletes based on entry times. The Referee will have a list of Para swimmer's Codes of Exception and will use their best efforts to judge the swim under the applicable World Para Swimming Rules.

There are no qualifying times for Para events, but a valid entry time must be submitted with all entries.

Para athletes are to enter via email, providing the event name and number, entry time, their Meet Manager ID, or Swimming NZ membership number.

- Medals will be awarded as mixed 13 years & over multiclass, based on the percentage comparison between times swum and the Para World Record per event.

## Self-Marshalling

Self-marshalling will be in place for these Championships. Athletes are asked to prepare in the marshalling area located in the Grandstand at the start end of the main pool four heats before their heat. For all 50m heats, athletes should Marshall six heats ahead of their own. The session programme will be available for athletes to view.

## Entry List

The draft entry list will be provided to all competitors via email. Entries must be checked thoroughly, and any

discrepancies are to be notified to Swimming Otago by 8:00pm, Wednesday, December 7. The final Psych Sheets and Team Entry Lists will be published on our event page the following day.

### **Timeline**

The draft timeline will be provided to all competitors, and the final timeline will be included in the competition programme.

### **Competition Programme**

The competition programme will be published on the event page no later than 5:00pm on Thursday, December 8.

### **Rewards and Points**

**Individual events:** Medals are awarded to the first three placegetters and ribbons for placings four to eight for all age groups.

**Relay events:** Ribbons are awarded to the first three teams.

**Para athletes** will be awarded medals for the top three placegetters and ribbons for placings four through to eight for all individual events.

- Rewards and points will not be awarded to athletes who do not achieve the qualifying time.
- Trophies and Cups will be awarded as per the criteria found [here](#).

### **GENERAL COMPETITION INFORMATION**

Swimming NZ rules, regulations, and policies will apply with the following exceptions at these Championships

- All individual events will be swum as single-gender, open-timed finals.
- Results for all individual events will be shown by age group; 13 years, 14 years, 15 years and 16 & over.

#### **Relays**

Athletes must have entered at least one individual event to be eligible.

#### **Zenith Jubilee Trophy and Festival Cup**

Open to Swimming Otago affiliated members only.

The fastest eight males and the fastest eight females are selected based on their fastest stroke event 100m times gained at this competition. Preference is given to 16 years and over athletes, then descending age groups.

- Athletes that do not wish to be selected for the Zenith Jubilee Trophy and Festival Cup must notify the Recorder by the end of session 3.
- Selections will be posted on the Results wall following the completion of Session 3.

#### **Withdrawals**

For all sessions, the Recorder must be notified of a withdrawal no later than 30 minutes before the start of the session in which the event will be swum.

- Any withdrawals submitted after the above schedule will be subject to Swimming NZ, Withdraws and Protests, [Policy 008](#).

#### **Protests**

Protests must be submitted to the Referee, in writing, on the protest form by the team manager only within 30 minutes following the conclusion of the respective event.

To be accompanied in cash by the \$50.00 protest fee. If conditions causing a potential protest are noted before the event, a protest must be lodged before the signal to start is given.

- The Referee shall consider all protests.
- If the Referee rejects the protest, they must state the reasons for their decision.
- The club Team Manager may appeal the rejection to the Jury of Appeals, whose decision shall be final. If the protest is rejected, the deposit will be forfeited to Swimming Otago.
- If the protest is upheld, the deposit will be returned.

#### **Presentation Ceremonies**

The Session Timeline will include the ceremony schedule, and every endeavour will be made to run as timetabled.

- Presentation ceremonies are subject to volunteer availability.
- Substitutes may be used if an athlete is marshalling; however, they must be of the same gender.
- No caps, goggles, or towels (wrapped around the waist) are to be worn.
- Athletes must advise the presentation official they are present.

### **GENERAL ATHLETE INFORMATION**

#### **Session Times**

Session 1 – warmup at 6:30pm, racing from 7:15pm

Session 2 – warmup at 2:30pm, racing from 3:15pm

Session 3 – warmup at 8:30am, racing from 9:15am

Session 4 – warmup at 1:30pm, racing from 2:15pm

#### **Strapping**

Athletes with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director before swimming. Any athlete without such documentation will not be permitted to swim whilst wearing the strapping.

#### **Seating Plan**

The seating plan will be published on our event page.

- Coaches can choose to utilise the designated coach's area on the pool deck; however, no athlete, manager or coach is to stand and/or sit, during the competition sessions, outside of the designated coach's area.
- Team Managers are asked to ensure athletes do not procure additional seats.
- No seating is permitted on the bottom row of seats as this is a clearway.

#### **Warmup Procedure**

Warmup commences forty-five (45) minutes before the start of each session and is to be conducted under the consultation and guidance of all coaches.

- Lane 8 is reserved for para-athletes only.
- Backstroke start devices will be made available for use during each warmup period.

Only during the competition session, lane 1 in the dive/lap pool available for warmup/down.

## TEAM MANAGEMENT INFORMATION

Club Boxes are located at the back of the Recorders Office, accessible via the back corridor.

### **Coaches and Team Manager Accreditation**

The Coaches and Managers Form must be completed no later than Thursday, December 8, via the Swimming NZ database. 'How to Guide' can be found [here](#).

- All coaches and team managers MUST be police vetted with results accessible within the Swimming NZ Database.

### **Meeting**

The Team Managers meeting will be held on Friday, December 9, behind the Recorders office, at 6:45pm. Team Managers will be given a brief run-down of meet activities, expectations of athletes and clubs and general delivery of the event.

- Each club must have at least one representative, named on the accreditation form, at the meeting to ensure all information is delivered back to the team.

### **Disqualifications**

Disqualifications will be announced when possible.

A copy of the disqualification form will be put in the club box.

### **Results**

Results will be posted on the glass windows at the shallow end of the main pool, below the Grandstand.

- Swimming Otago will have live results via Meet Mobile.
- Session results will be published on the event page after each session.

### **Event Forms**

Relay and Withdrawal forms are available near Club boxes.

### **Timelines**

Timelines will be included in the Competition Programme. Times shown are approximate, and races may start before or after the times indicated.

KEY DATE REMINDERS	
December 5 at 11:59pm	Individual Entries Close Duty Form Closes
December 6 at 11:59pm	Relay Entries Close
December 7 at 8:00pm	Submit Psych Sheet Corrections
December 8	Coaches and Managers Form Due Competition Programme
December 9 from 6:30pm	Warmup starts at 6:30pm Managers Meeting at 6:45pm Officials Meeting at 7:00pm

